

HORÁRIOS DE ATIVIDADES

HORÁRIO	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO
8h	PILATES	PILATES	PILATES	PILATES	PILATES	
9h	PILATES	PILATES	PILATES	PILATES	PILATES	
10h	PILATES	PILATES	PILATES	PILATES	PILATES	
11h	PILATES	PILATES	PILATES	PILATES	PILATES	
16h	PILATES	PILATES	PILATES	PILATES	PILATES	
17h	PILATES	PILATES	PILATES	PILATES	PILATES	
18h	PILATES	PILATES	PILATES	PILATES	PILATES	
19h	PILATES	PILATES	PILATES	PILATES	PILATES	