

HORÁRIOS DE ATIVIDADES

HORÁRIO	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO
6h						
7h	PILATES	PILATES	PILATES		PILATES	
8h	PILATES	PILATES	PILATES	PILATES	PILATES	
9h	PILATES	PILATES	PILATES	PILATES	PILATES	PILATES
10h	PILATES	PILATES	PILATES	PILATES	PILATES	PILATES
11h	PILATES	PILATES	PILATES	PILATES	PILATES	PILATES
12h	PILATES	PILATES	PILATES	PILATES	PILATES	
13h	PILATES	PILATES	PILATES	PILATES	PILATES	
14h	PILATES	PILATES	PILATES	PILATES	PILATES	
15h	PILATES	PILATES	PILATES	PILATES	PILATES	
16h	PILATES	PILATES	PILATES	PILATES		
17h	PILATES	PILATES	PILATES	PILATES	PILATES	
18h	PILATES	PILATES	PILATES	PILATES	PILATES	
19h	PILATES	PILATES	PILATES	PILATES	PILATES	
20h						
21h						